

Grades K-1  
Session 1

The children's names should be on the desk before you arrive, the parents will be bringing the kids directly to the room so all they have to do is find their name. On their desk they will find their new Bible and their backpack with their name already on it. If any children arrive without a mask, please remind the parent when they arrive (I will try to keep an eye out too). If we do have a child missing a mask, I will have some spare ones handy in the room.

The most important thing for this session is letting them know who you are and making sure that the kids are comfortable.

After the kids are comfortable and situated, start the class with prayer. We will start with teaching the sign of the cross slowly with the kids copying each move. Next we are going to introduce them to the Our Father. Have the kids repeat after you each line of the Our Father.

Since these kids have not had any exposure to the Children's Bible yet, give them a chance to look through it for a little while, then have them turn to the inside cover and write their name in it as a group.

**Introduce the kids to the Bible and explain what it is.**

Points to make

- The Bible is a bunch of small books and sometimes letters all in one big book. That's why when we hear the readings at Mass, we hear the the lector say things like "a reading from the book of Mark" or "a reading from a letter to the Colossians"
- It is a long story that tells about God's love for us.
- The books and letters in the Bible have good stories, advice, and lessons that we can use to live a good life.
- The first part is the Old Testament. It has everything that happened before Jesus was born as a human.
- The New Testament is the end part. That is everything after Jesus came into the world to save us from our sins.
- Yes, it is heavy! It is 4.5 pounds.

**Read God's Word**

Have the kids turn to page 21 in their Bible. I will have the page bookmarked for them already.

Read the passages to the kids and take frequent stops to talk to the kids about the passages to make sure they are understanding what is going on. Ask questions to keep them engaged.

**Questions for the kids...**

1. What was this story all about?
2. Where did we come from? God made us

3. God also gave us a family. Adam and Eve were a family. Who is in your family? ( we are all different, but we are all family)
4. God is a family, too. How is God a family? Explain that the Father, Son, and Holy Spirit are a family who loves and works together. They are all unique but at the same time, the Father, Son, and Holy Spirit is one God.

Everybody in the whole world starting from the very first people were part of a family. In a family, we learn how to love each other, how to be fair, how to be nice, and how to work together. Has your family ever worked together?

When God created us, he made us part of His family too, to love each other and work together right alongside each other and Him. And since God is so good, as much as we love our families and our families love us, God loves us even more than that.

**Have the kids turn to page 22 in their Bibles.** This will be bookmarked for them in advance.

Go over the pages with the kids.

If time allows, have the kids take out their prayer books and check out the prayers they should learn this year. Focus mostly on the sign of the cross. Some kids might already know even the Our Father that we prayed earlier. This is a good time for those kids to show off and encourage the other kids to learn them too.

End the session with the same prayer that was on page 23 in the Bible in the Live It! Section giving Glory to God and finishing with the sign of the cross.