

Grades 3, 4, and 5  
Session 11

Prayer - the sign of the cross and the Our Father.

Last week your child learned about the Exodus in the book of Exodus, and that God used Moses and his brother Aaron to set his people free from the Egyptian slavery. Now we are about a year into their journey wandering in the desert, God has given them some rules to live by and has made sure that even though they were in the desert, they had both food and water. God was caring for his people as they went along. Now it was time to get them organized.

The main lesson for this story is both exposure to the story and their salvation history as well as to understand the purpose of the 10 commandments. At this age, knowing them by heart is not so important, but understanding on their level is important.

Discussion questions?

1. Do you like rules?
2. Does your family have rules? What are some of the rules?
3. Why does your family have those rules?
4. Are your family rules written down anywhere in the house?

Read Exodus 19:16-20:17 (page 131)

Go over pages 132-133 in your child's Bible with him/her

Go to page 1988 in your child's Bible and read the 10 Commandments together and talk about what each one means. Make adjustments for your child to make them more relatable for their age. For some additional help, I have made a little booklet titled "Exploring the 10 Commandments". Feel free to use this resource to help your child see how the 10 Commandments can work in his/her life even though God gave them to us so long ago.

Discussion questions?

1. Can you name any of the 10 commandments?
2. Why does God give the people all these rules?
3. What commandment is going to be the easiest to keep?
4. Which one is the hardest to keep?
5. What happens if we break one of the commandments God gave to us? It is important to remind our kids that God will love us no matter what, but we should still try our best to be good every day and to please God.

\*Notice that the first 3 have to do with our behavior in regards to God and the remaining 7 have to do with how we get along with each other.

Closing prayer-sign of the cross and the Our Father as well as a blessing from the child on the parent.

For an optional activity, if you don't already have these listed on your refrigerator or somewhere in the house, ask your child to help make out a "10 Commandments" for your home. We all have family rules in order to live together, what are your family's? There is an optional worksheet included if you would like to use it.