

Eucharistic Adoration and Benediction

Kids Edition



St. Charles Borromeo Catholic
Church
Lima, Ohio

Grades 3-5

EUCCHARISTIC EXPOSITION AND BENEDICTION

Father will come out and get the Blessed Sacrament from the **Tabernacle** and then he will put it into the **Monstrance**.

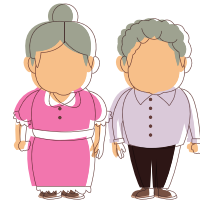
When Father does this, we should all kneel to show reverence.

Then we will sing this song together to welcome Jesus into our presence.

O saving Victim, open wide
The gate of heav'n to us below,
Our foes press on from ev'ry side;
Your aid supply, your strength bestow.

To your great name be endless praise,
Immortal God head, One in Three;
O grant us endless length of days,
In our true native land with thee.
Amen

Sometimes we sing this song in Latin. Ask your grandparents if they know how to sing it



O salutaris Hostia
Que caeli pandis ostium;
Bella premunt hostilla,
Da robur, fer auxilium

Uni trinoque Domino
Sit sempiterna Gloria,
Qui vitam sine termino
Nobis donet in patria.
Amen

After the song, Father will bring some prayers from the parish to Jesus and then we can have silent Adoration. You can kneel if you like, but you may also sit in your seat quietly. Remember, other people are praying!

After everyone has had some time to pray to and spend time with Jesus in the **Blessed Sacrament**, we will kneel again and sing another ancient song for Him.



Down in adoration falling,
This great Sacrament we hail;
Over ancient forms of worship
Newer rites of grace prevail;
Faith will tell us Christ is present,
When our human senses fail.

To the everlasting Father,
And the Son who made us free,
And the Spirit, God proceeding
From them Each eternally,
Be Salvation, honor, blessing,
Might and endless majesty.
Amen

And here is the same song in Latin

Tantum ergo Sacramentum
Veneremur cernul,
Et antiquum documentum,
Novo cedat ritui;
Praestet fides supplementum,
Sensuum defectui.

Genitori Genitoque
Laus et jubilatio
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudation.
Amen

When the song is over, Father will sing-
You have given them bread from heaven (Easter: Alleluia)

And we will sing back-
Having within it all Sweetness (Easter: Alleluia)

And then Father will sing a prayer for Jesus

Lord Jesus Christ,
You gave us the Eucharist
As the memorial
of your suffering and death.
May our worship of this sacrament
Of your body and blood

Help us to experience
The salvation you won for us
And the peace of the kingdom
Where you live with the Father
And the Holy Spirit,
One God, for ever and ever.

And we all sing-

Amen

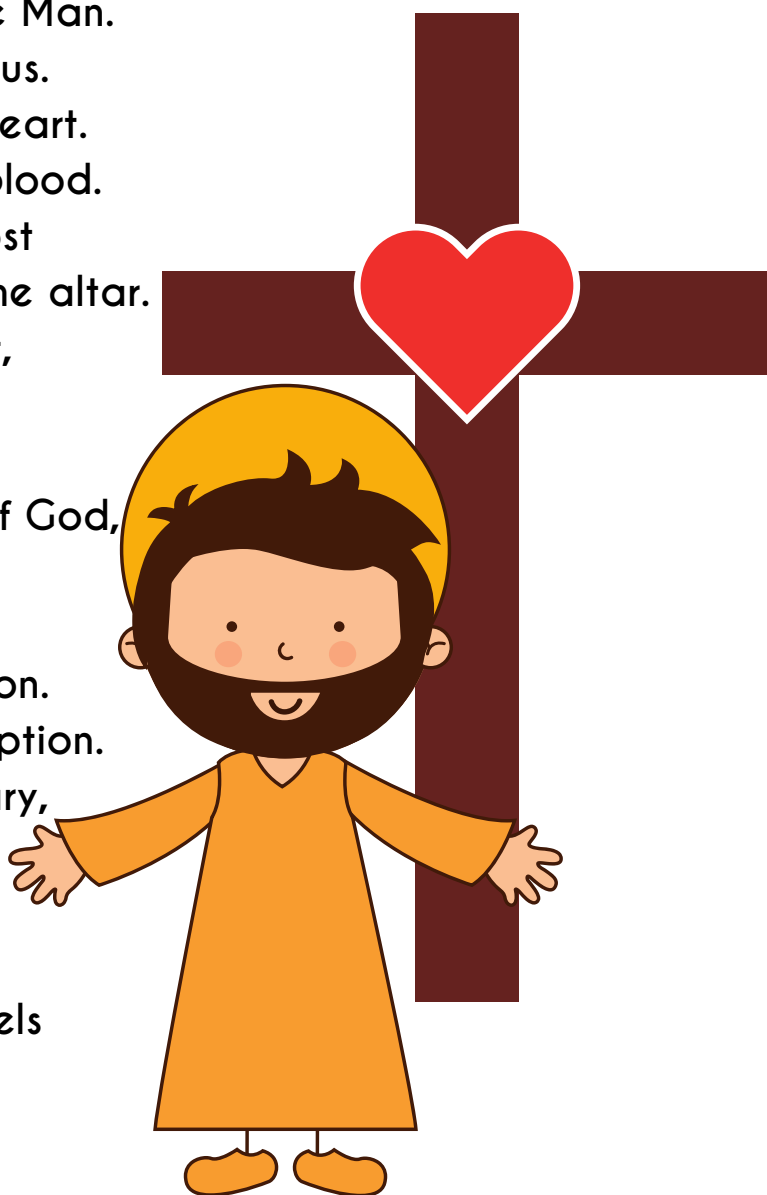
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Father will then go to the **Altar** and pick up the **Monstrance**
and hold it up for Jesus to bless us. When Father lifts it up, make the
sign of the cross. Make the **sign of the cross** again when he
turns Jesus in your direction.

When Father returns the **Monstrance** to the **Altar**, we will all say the Divine Praises together. These are said to show **God**, **the Holy Family** and all the **angels and saints** thanks and praise.

Blessed be God,
Blessed be his holy Name.
Blessed be Jesus Christ,
true God and True Man.
Blessed be the name of Jesus.
Blessed be his most Sacred Heart.
Blessed be his most Precious Blood.
Blessed be Jesus in the most
holy Sacrament of the altar.
Blessed be the Holy Spirit,
the Paraclete.

Blessed be the great Mother of God,
Mary, most holy.
Blessed be her holy
and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary,
Virgin and Mother.
Blessed be St. Joseph,
her most chaste spouse.
Blessed be God in his angels
and in his saints.



When we are all done with the Divine Praises, Father will go to the **Monstrance** and open it to take out the **Body of Christ** and return Him to the **Tabernacle**. As Father does this, everyone stands to sing one last song. This is usually a song of thanks and praise.



Remember to genuflect and make the **sign of the cross** as you face the **Tabernacle** either in the pew or after you step out of the pew.

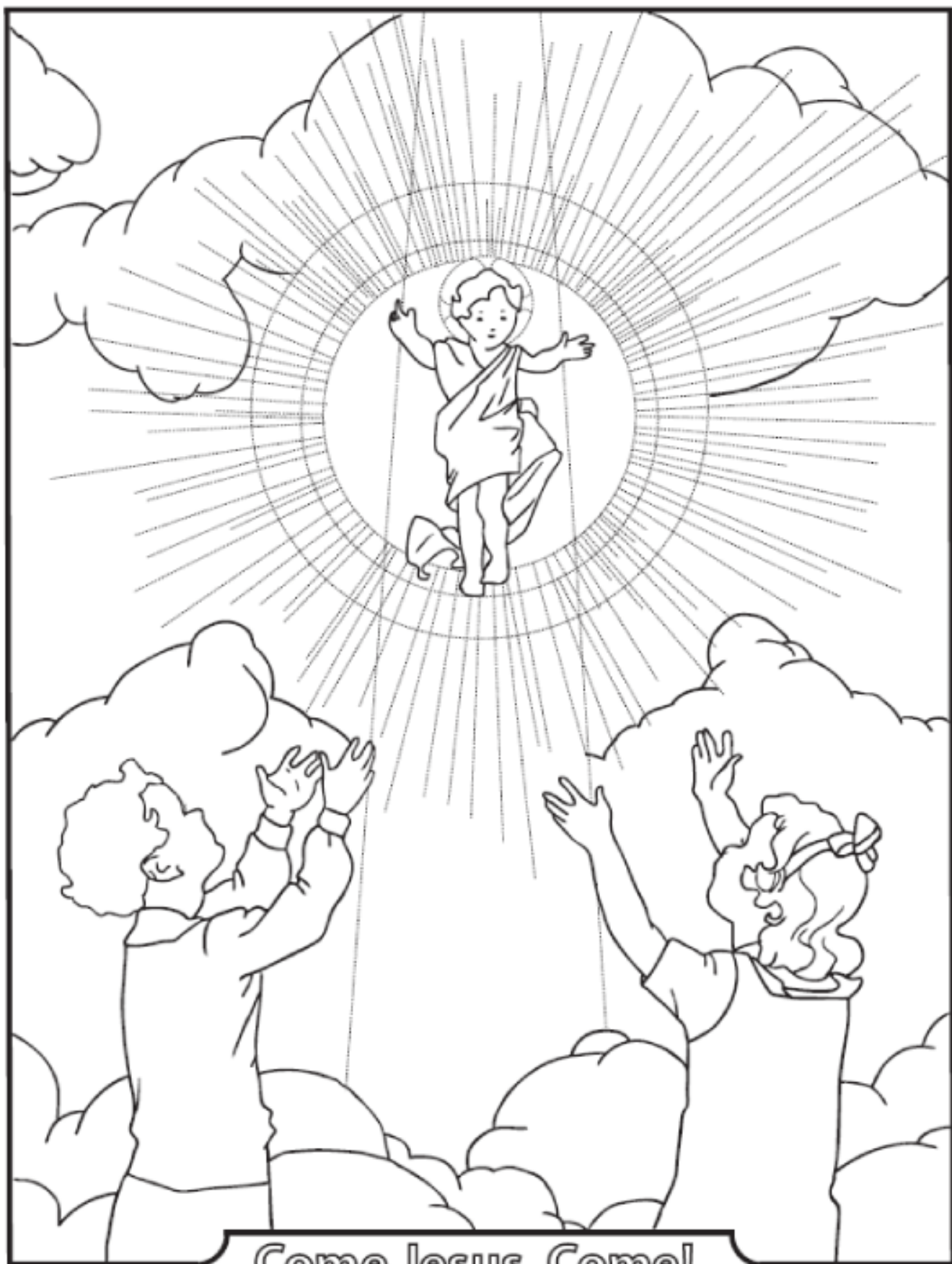
How to genuflect ↷



Great Job!

You went to Adoration
like a pro!





Come Jesus, Come!



ST. CHARLES BORRAMEO
CATHOLIC CHURCH