

ACTIVITY OPTION #4: Boundaries Coloring Pages

Instructions: Color the page and discuss the boundaries with the Lesson Leader.



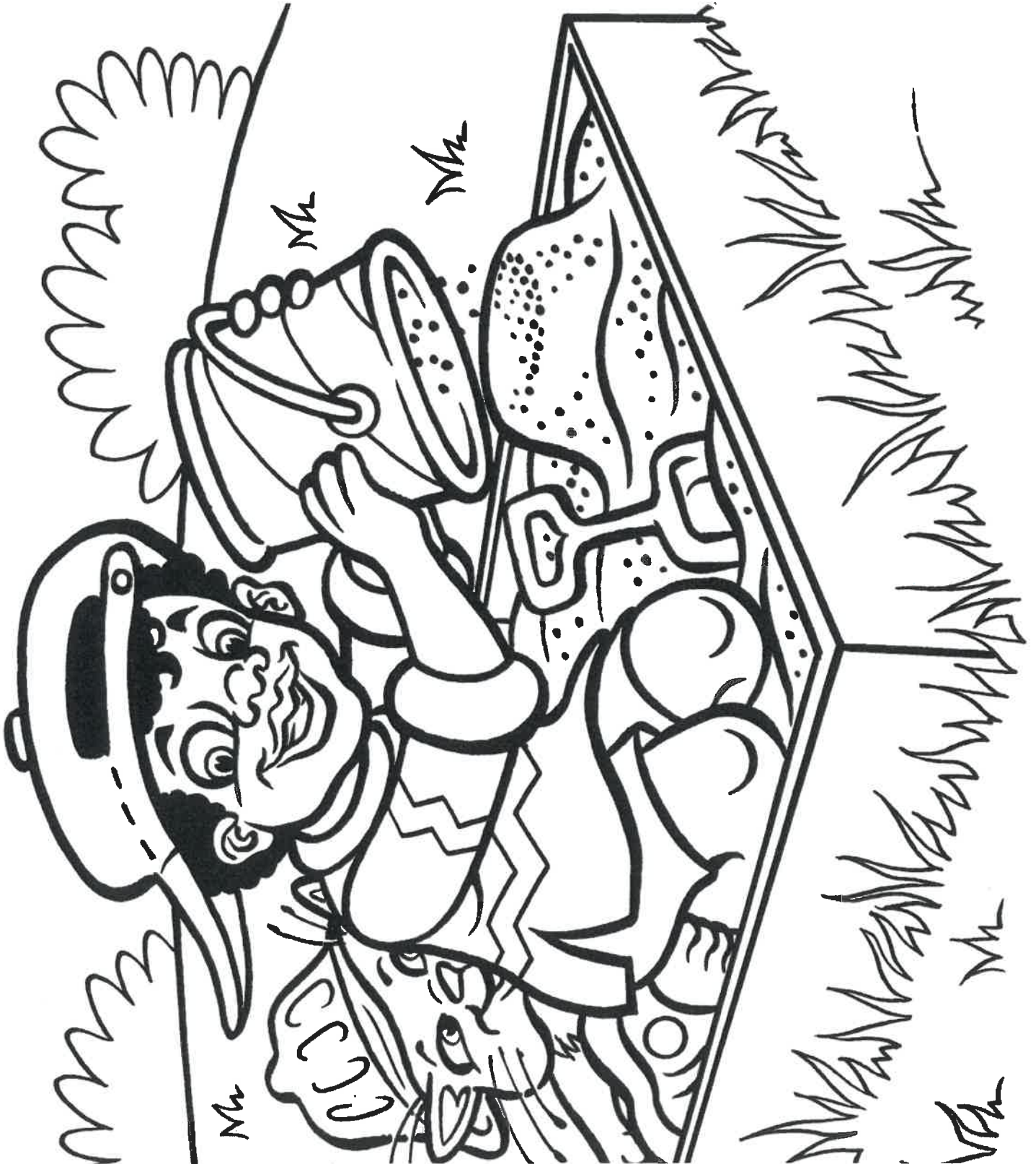
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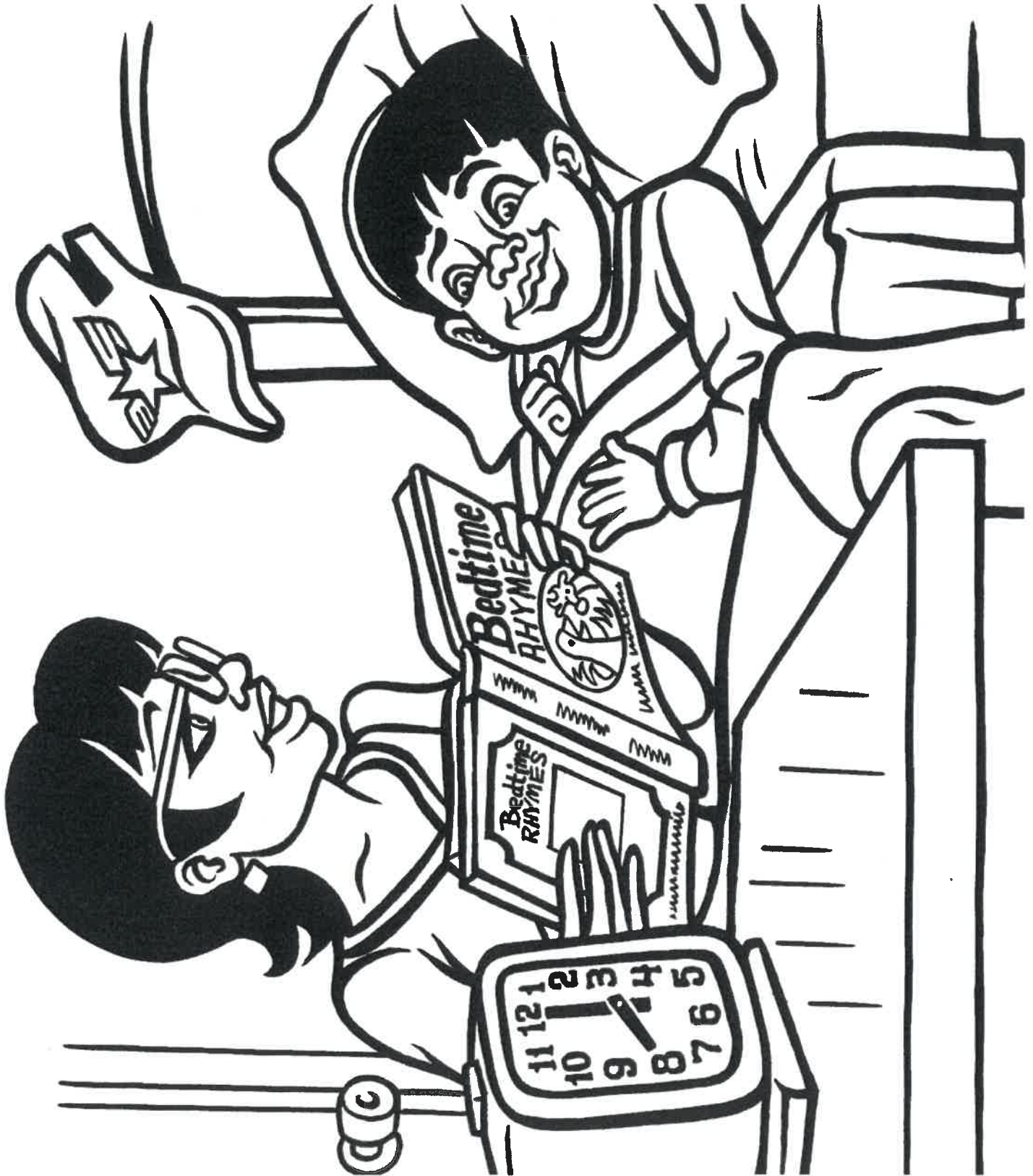
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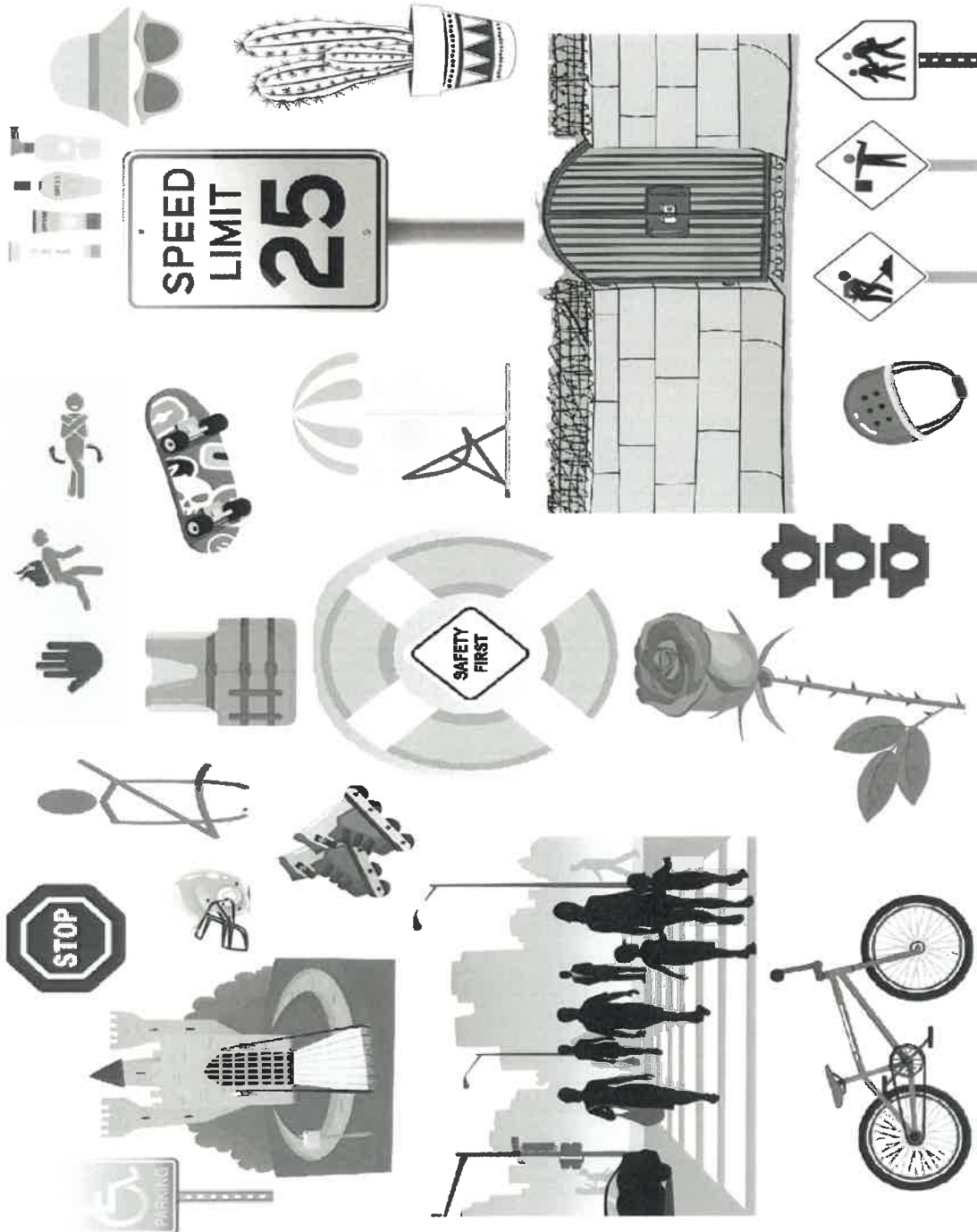
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ACTIVITY OPTION #5: What is this Boundary?

Instructions: Look at the images on the first page, and answer the questions about boundaries on the second page. Some images will be used multiple times. Each question has at least 3 specific answers, but there could be additional answers to add. After completing the activity, the Lesson Leader will lead a discussion.



ACTIVITY OPTION #5: What is this Boundary? (cont.)

Questions:

1. What are examples of typical safety lessons that we have to know about to be safe?

2. Which images could illustrate the boundary of “leave me alone” or “don’t touch me?”

3. What are some activities that need additional safety precautions?

4. What are some examples of safety lessons and rules that we follow to be safe when we are in the car?

5. What are some examples of safety lessons and rules that we follow to be safe when we are walking outside or playing sports?

6. What are some examples of safety lessons and rules that we follow to be safe when we are out in the sun?

7. Which images show that a boundary has been placed to create a safer environment for themselves?

8. What images show what we do to help uphold and respect others’ boundaries? And, how? (Hint: sometimes the things that we do to protect ourselves can also be the things that we do to help protect others!)

9. What can you do if someone makes you feel uncomfortable, violates your boundaries, doesn’t listen to you when you say to stop, or is hurting someone else?
